

WINNING

THE

MENTAL

GAME

EQUIP YOUR
WORKPLACE TO WIN
THEIR MENTAL GAME
IN 2024

NeuroFit

I've lost count of how many staff have provided feedback to me about how **valuable** the session was. **NeuroFit** spoke our language; the session was **practical, informative, to the point** yet life changing

Crusaders
Sarah Munro
- People & Culture

**SET YOUR STAFF UP
FOR THE WIN FROM
THE START!**

From the 20th January 2024 — 29th
February 2024 we are going to deliver
NeuroFit group presentations to numerous
workplaces throughout New Zealand

**Our aim is to equip your people with
tools to win their mental game!**

**YOU'RE
INVITED.**

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**50% OFF
PRESENTATION
PACKAGE**

**~~\$1800~~ \$900
30 MIN PRESENTATION
30 MIN Q&A**

**YOUR
DEAL.**

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YOUR
OPTIONS.

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YOUR

OPTIONS.

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WINNING THROUGH ADVERSITY

- GOALS VS GROWTH
- USING ADVERSITY AS THE INCUBATOR FOR GROWTH
- GROWTH DETERMINES CHARACTER
- THE KEY TO WINNING THROUGH SEASONS OF GROWTH

OPTION

ONE...

MAKING STRESS WORK FOR YOU

- THE DIFFERENCE BETWEEN HEALTHY STRESS AND TOXIC STRESS
- MAKING PRESSURE A PRIVILEGE
- HOW HEALTHY STRESS INCREASES PERFORMANCE
- AVOIDING TOXIC STRESS AND ITS NEGATIVE IMPACT ON PERFORMANCE

OPTION

TWO...

#1 KEY TO WINNING YOUR MENTAL GAME

- THE 1 KEY THAT SEPARATES RESILIENT PEOPLE AND EVERYONE ELSE.
- THE SECRET TO INCREASING BRAIN PERFORMANCE
- PRACTICAL STRATEGY TO IMPLEMENT THIS KEY INTO YOUR LIFE

OPTION THREE

SET YOUR TEAM UP FOR A WIN IN 2024

- SELECT A PREFERRED PRESENTATION
- SELECT A DATE THAT WORKS FOR YOUR TEAM (**20TH JAN 2024 - 29TH FEB**)

NEXT STEPS.

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CONTACT US

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