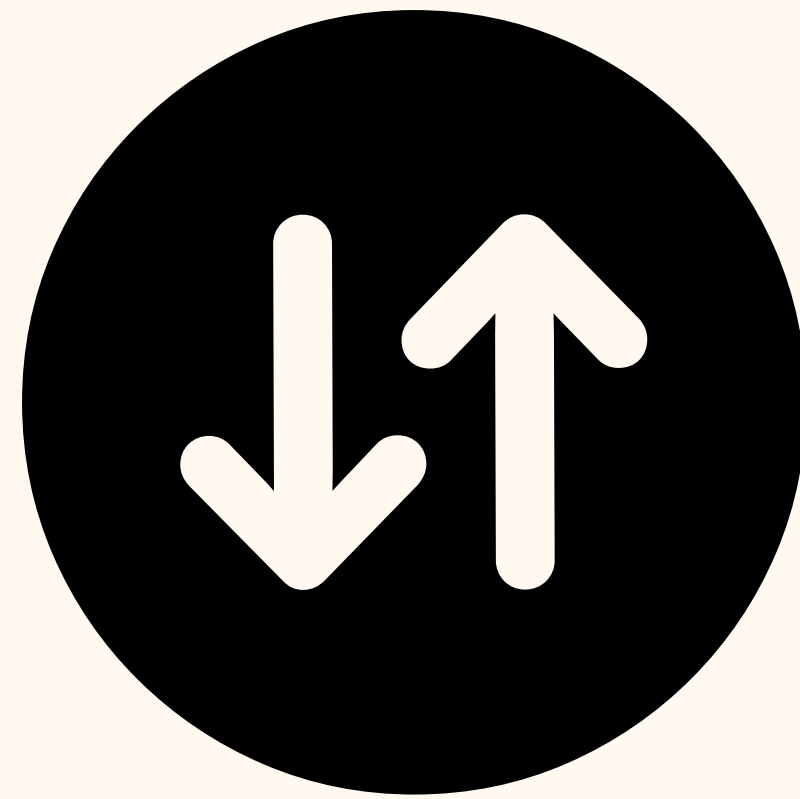


NeuroFit

**EQUIPPING YOUR TEAM
TO BECOME RESILIENT
AND WIN
THE MENTAL GAME!**



**WORKPLACE
*TURN-AROUND***



KICK
STAR
CLUB

THE MENTAL MESS & IT'S IMPACT ON THE WORK-PLACE

1.
LACK OF
ENGAGEMENT
FROM STAFF

2.
LACK OF
PRODUCTIVITY

3.
LACK OF
CONNECTION

4.
LOW STAFF
RETENTION

5.
INCREASED
SICK LEAVE

6.
STAFF AND
LEADERSHIP
BURNOUT

All of these behavioural symptoms stem from a deeper issue.

Our workplace turnaround gets specific on equipping your team with tools to **OVERCOME** deeper issues so that wellbeing and resiliency is produced.

Allow us to
NeuroFit your
workplace.

START MORNING

WE EQUIP OUR COMMUNITY TO
CLEAR THE MENTAL MESS AND
MAKE CONNECTIONS.

START MORNINGS?

Start Mornings is a 1 hour quick
start your brain

essentials:



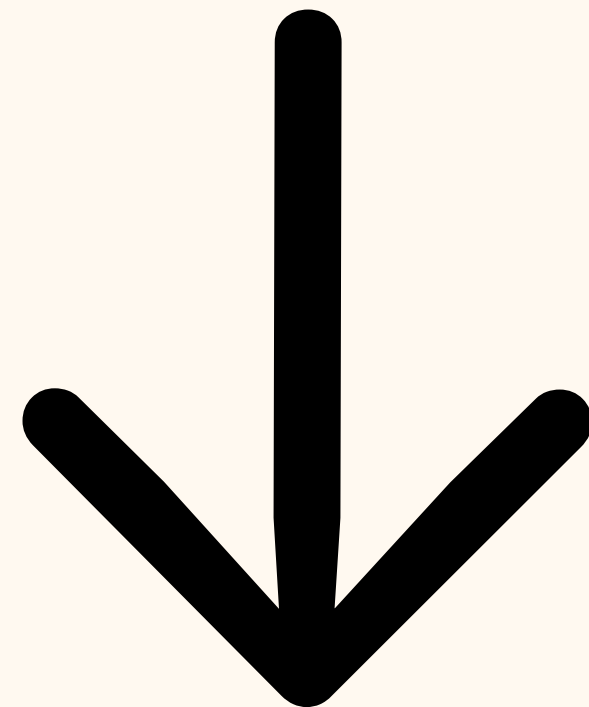
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HOW WE DO IT

6 MONTH

TURN-AROUND

We achieve *long term*
results because our
structure is designed to
create *long term*
BRAIN CHANGE



1. FUNDAMENTALS

THE *TURN-AROUND*
PROGRAMME BROKEN
DOWN INTO **3** STAGES

2. LEADERSHIP GAME PLAN

3. EQUIPPED FOR RESILIENCE



STAGE 1.

FUNDAMENTALS

We provide in-person delivered presentations that are science based.

It **equips** your workplace with brain change **fundamentals** that produce wellbeing and resilience.

4 PRESENTATIONS ACROSS 4 WEEKS

STAGE 2.

LEADERSHIP GAME PLAN

Our leadership programme provides you with the **gameplan** to build **resilient** teams.

This is delivered in person to help leaders not only increase thier teams **performance** but develop themselves too

6 WORKSHOPS ACROSS 6 WEEKS

STAGE 3.

EQUIPPED FOR RESILIENCE

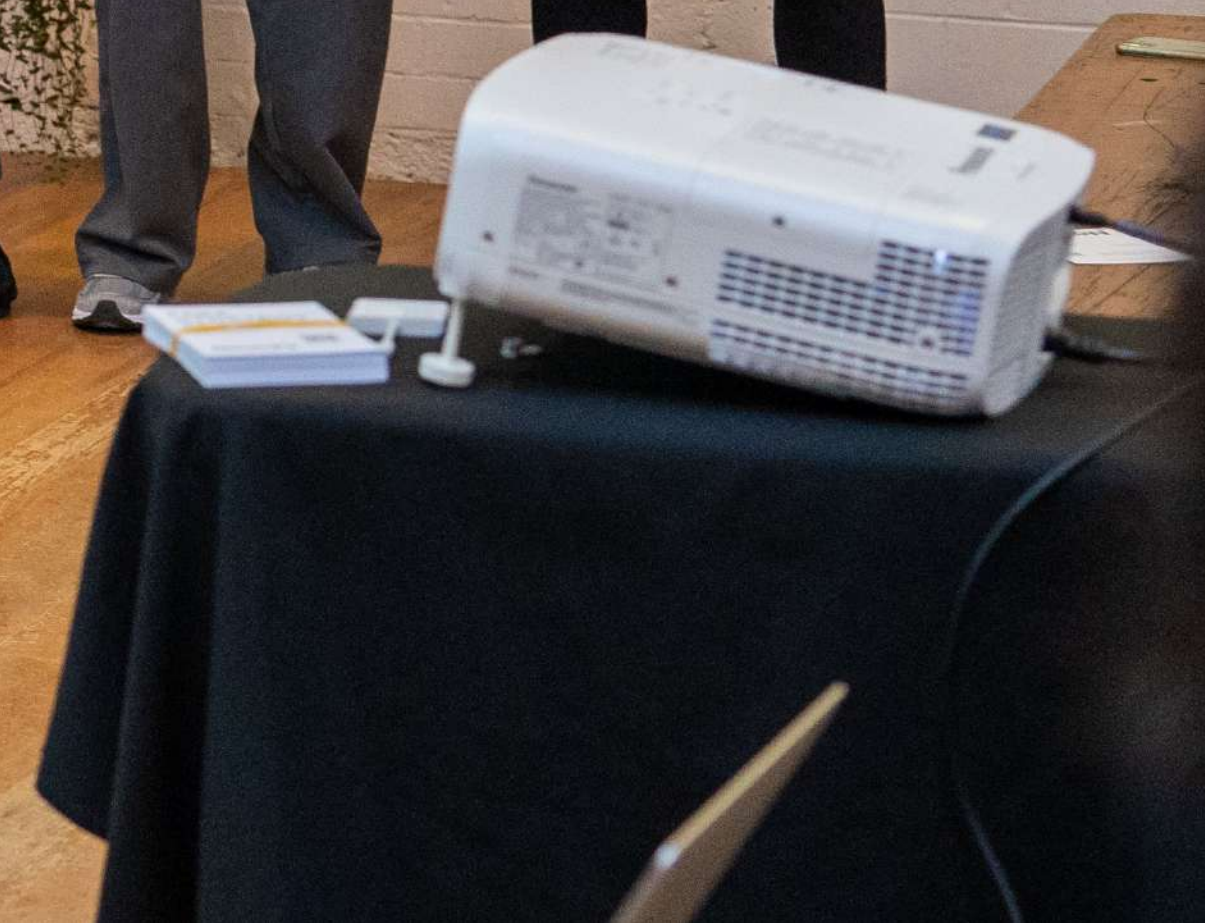
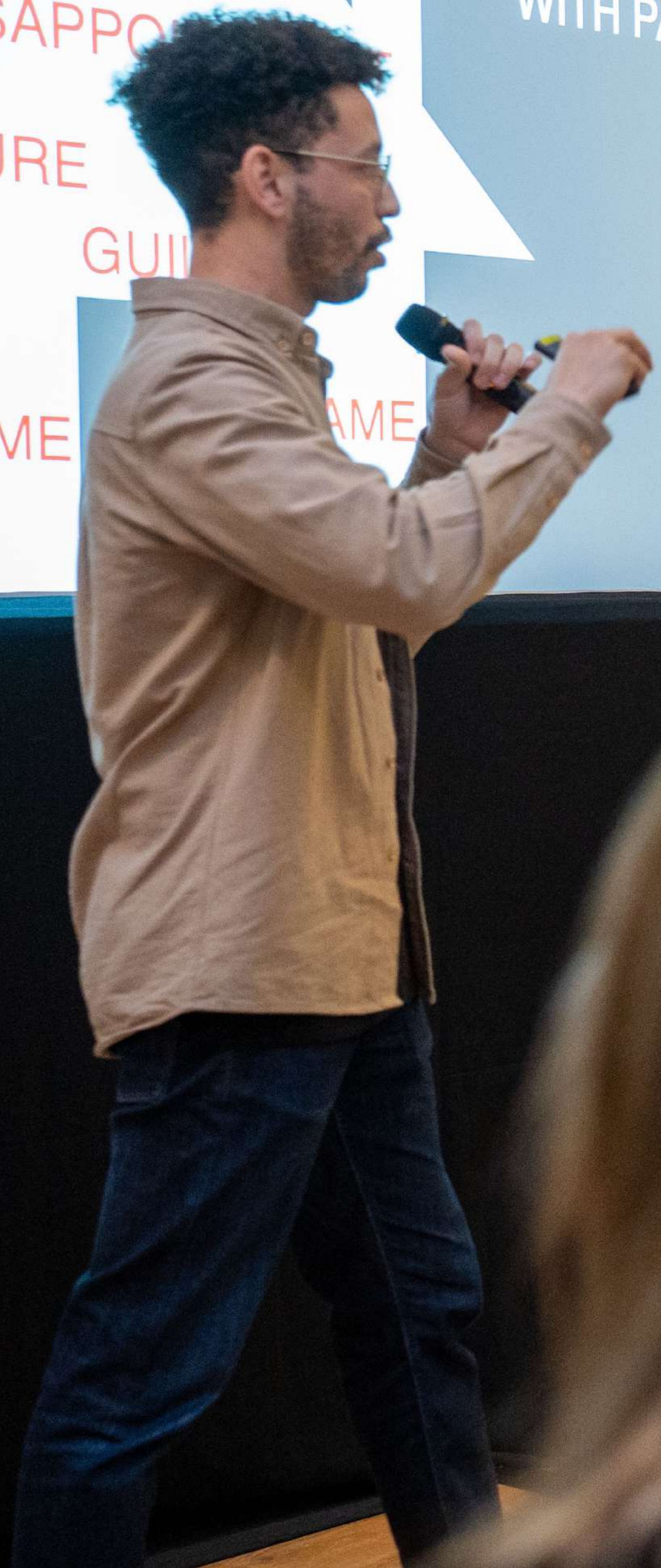
Utilising our **NeuroFit** warrant of fitness check, we are able to dial into deeper issues specific to your staff that *hinder* resilience and wellbeing.

We tailor sessions based on those results to help your staff **overcome** those issues.

4 SESSIONS OVER 4 MONTHS

FEAR
DISAPPO
FAILURE
GUIL
BLAME

DEALING
WITH PAIN



JOIN OUR
WORKPLACE
TURN-AROUND
NOW & GET THE
FOLLOWING
PERKS

+ **FREE** Mental
WOF check for your
workplace

+**15** % leadership
discount for **NeuroFit**
1 on 1 programme

+**15**% discount to our
clear the mental mess
cohort programme.

GET IN TOUCH &

JOIN THE **NEUROFIT**
WORKPLACE TURN-AROUND
PROGRAM NOW

INVESTMENT

\$3,800+GST

Charged Monthly for 6 months

COMMITMENT
6 MONTHS

LIMITED SPACES AVAILABLE

Prices may vary depending upon
the size of your business and
number of participants

NeuroFit